



Fiji: Island Paradise

Discovering the Beauty and Culture of a Pacific Nation

What We Will Learn

By the end of this lesson, you will be able to:

- Describe where Fiji is located in the world
- Identify key features of Fiji's geography and climate
- Explore aspects of Fijian culture and daily life
- Understand what makes Fiji unique among Pacific islands



Key Vocabulary



Island

Fiji: islands surrounded by ocean.



Ocean

Fiji is in the Pacific Ocean, a vast saltwater body covering most of Earth.



Culture

Fijian culture includes food, music, clothes, and traditions.



Climate

Fiji's climate is warm and sunny year-round.

Where is Fiji?

Location in the World

Fiji is a country made up of over 300 islands in the South Pacific Ocean.

In Relation to Australia

It's about 3,000 kilometres northeast of Australia — that's like driving from Sydney to Perth, but across the sea!

Region

Fiji is part of a region called Oceania, which includes other island nations like Samoa and Tonga.



Geography of Fiji

Volcanic Origins

Most of Fiji's islands were formed by underwater volcanoes long ago. This gives them tall hills and rich soil.

Two Main Islands

Viti Levu (where the capital city is) and Vanua Levu are the largest. Most people live on these two.

Smaller Islands

There are over 100 smaller islands that are popular for holidays. Some are tiny with just one resort!

Coral Reefs

Colourful coral reefs surround many islands. They protect the shore and are home to fish, turtles, and more.



Climate in Fiji

Warm All Year

Fiji has a tropical climate, averaging 27°C — hot and sunny most of the time.

Wet and Dry Seasons

Wet season: Nov–Apr (more rain). Dry season: May–Oct (cooler, drier — ideal for visiting).

Like Northern Australia

Fiji's weather resembles Far North Queensland — similar to Cairns or the Great Barrier Reef.

The Ocean Around Fiji

The Pacific Ocean surrounds every island in Fiji. It's deep, wide, and full of life.



The coral reef acts like a natural barrier, slowing down waves and protecting the beach. Many Fijians rely on the ocean for fishing and transport.

Life on a Fijian Island

Morning

Families start the day with breakfast and chores. Many children walk or take boats to school.



Fishing

Men and women often go fishing using nets or spears. Fish is a main part of their diet.



Markets

Fresh produce and fish sold at markets; money or barter used.



Fijian Culture



Kava Ceremony

Kava, made from roots, is shared in ceremonies to welcome guests.



Traditional Dress

People wear colourful sulus (wraparound skirts) and floral shirts for events.

Music and Dance



Meke Dance

The 'meke' is a traditional Fijian dance that tells stories through movement and singing.

Instruments

Drums, bamboo pipes, and clapping hands make rhythmic sounds.

Special Events

Dancing happens at weddings, festivals, and when welcoming visitors to the village.

Discuss!



Imagine Your Trip to Fiji

If you visited **Fiji**, what **would you want to see or do?** How is life there **similar or different** to your life in **Australia?**

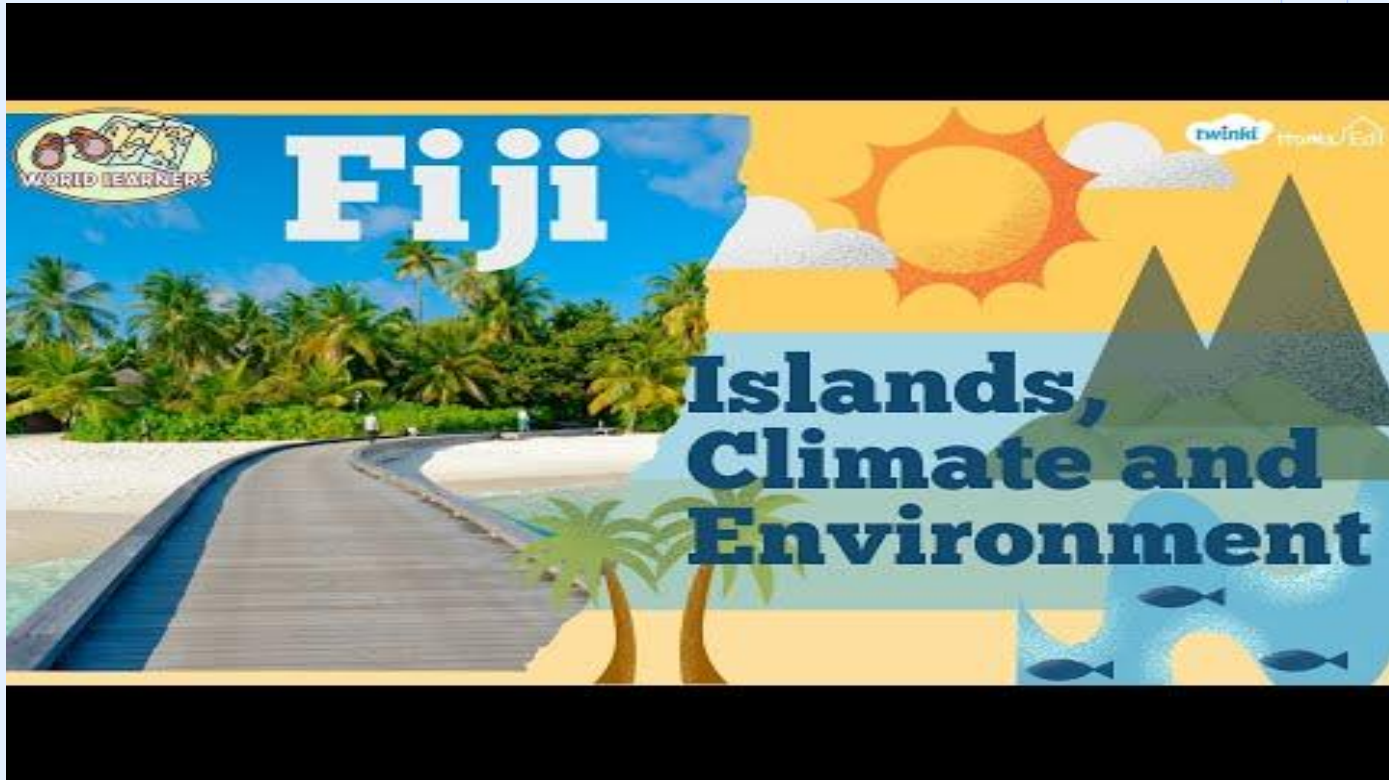
Discuss!



You might have said...

- White-sand beach, blue water, swaying palms
- Fijian village, thatched roofs, sulus, bonfire dance
- Coral reefs, tropical fish, sea turtles underwater
- Sunrise over volcanic island, mist, birds soaring

Life in Fiji



Why We Love Fiji

1

Nature

Fiji: stunning beaches, rainforests, and marine life.

2

People

Fijians are kind, welcoming, and proud of their culture.

3

Adventure

Snorkel, climb volcanoes, or stay in a water hut!

4

Peace

Fiji's serene spots are ideal for relaxation.



What We've Learned

Fiji is a group of tropical islands in the Pacific Ocean, northeast of Australia. It has a warm climate, rich culture, and beautiful natural surroundings. From kava ceremonies to coral reefs, Fiji offers a unique way of life connected closely to the land and sea. We've explored its geography, daily life, and traditions — all helping us understand this amazing island nation.

